



This course is meant to be a retreat of sorts. This course will be a meditation on prayer; turning our minds to the intention of what an icon is: a window to heaven. Instruction will not be only on icons in prayer, but icons being a result of prayer. As many previous students from Fr. Vladimir's classes will know, his motto is "If you don't pray, you don't paint. Part of the requirement for the course is attendance in church at all the services.

Students will learn fundamentals of the theology of the icon: what an icon is, how icons were traditionally made, as well as the development of the types of icons of Christ. Special emphasis is placed on prayer and the role of the icon in prayer, and in praying all ways. Above all, the hope is that the world of icons will be opened to all participants with enthusiasm and love for Our Lord, God and Saviour Jesus Christ.

Questions: contact **Fr. Vladimir** by email at [priestmonk@gmail.com](mailto:priestmonk@gmail.com) or by phone at (306) 794-4443, (306) 794-0000, or [www.iconsbyfathervladimir.com](http://www.iconsbyfathervladimir.com)

Fee of the course begin from 457 €.

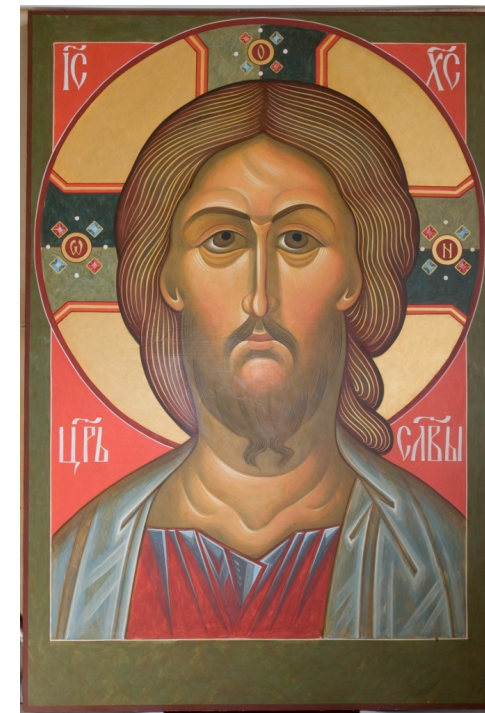
ENQUIRIES

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VALAMO FOLKHÖGSKOLA



**Praying with Icons**  
25.-31.8.2019

**Sunday, August 25.2019**

15:00 Course Commences: Opening prayers. Introductions. What is an Icon? Rules for the class, course expectations, Icon Checklist. The "type" of iconography we will be learning. The good foundation: Drawing. The better foundation: Prayer.

17:00 Closing prayer, supper.

18:00 Vespers, Akathist.

19:30 Tea

**Monday, August 26. 2019**

06:00 Morning Prayers, Matins.

07:30 Breakfast

09:00 Opening prayers. Discussion, demonstration, and practice of elements of the Jesus prayer.

11:00 Lunch Break.

12:00 6<sup>th</sup> hour . Discussion about the purpose of icons; lecture on icons and the Jesus Prayer.

13:30 Evaluation of drawings, transferring the image to the panel. Prayer of Entrance. Symbolism of the panel and the drawing.

15:00 Coffee break

15:30 Jesus Prayer

15:45 Continuing with painting. The first layers of color. Opening the icon.

17:00 Closing prayers

18:00 Vespers, Evening Prayers.

19:30 Tea

**Tuesday, August 27. 2019**

06:00 Morning Prayers, Matins, Divine Liturgy.

08:00 Breakfast

09:00 Opening prayers. Discussion about the service; observations, understanding of the elements of the service. Continuing with the icons. Reinforcing the drawing, building up the layers on the clothing.

11:00 Lunch Break

12:00 6<sup>th</sup> hour. Discussion regarding the personal icon: our own icon corner and contemplation of the Incarnation.

13:00 A discussion about iconography being written verses painted; parallel to Holy Scripture. Continuing painting, in silence, with the Bible being played.

15:00 Coffee break

15:30 Jesus Prayer

15:45 Continuing with painting. Building up the flesh.

17:00 Closing prayers

18:00 Vespers, Evening Prayers.

19:30 Tea

**Wednesday, August 28. 2019**

06:00 Morning Prayers, Matins.

07:30 Breakfast

09:00 Opening prayers. Discussion about the liturgy, and the use of icons in liturgy. Veneration, contemplation, presence, incarnation. An explanation of the iconostasis in church, and the decoration of the church: what happens

iconographically and spiritually when we are present in a fully decorated church. Walking tour of the churches and the monks' trapeza.

11:00 Lunch Break

12:00 6<sup>th</sup> hour . Continuing with painting, in silence, with the Bible being played.

15:00 Coffee break

15:30 Jesus Prayer

15:45 Continuing with painting. Building of the flesh.

17:00 Closing prayers.

18:00 Vigil

20:00 Tea

**Thursday, August 29. 2018**

07:30 Breakfast

09:00 Divine Liturgy

11:00 Lunch Break

12:00 6<sup>th</sup> hour prayers. Continuing with painting, in silence, with the Bible being played.

15:00 Coffee break

15:30 Jesus Prayer

15:45 Continuing with painting.

17:00 Closing prayers

18:00 Vespers, Evening Prayers.

19:30 Tea

**Friday, August 30. 2019**

06:00 Morning Prayers, Matins.

07:30 Breakfast

09:00 Opening prayers. Continuing painting.

11:00 Lunch Break

12:00 6<sup>th</sup> hour. Continuing painting with the Bible being played.

15:00 Coffee break

15:30 Jesus Prayer

15:45 Continuing with painting.

17:00 Closing prayers

18:00 Vespers, Evening Prayers.

19:30 Tea

**Saturday, August 31. 2019**

06:00 Morning Prayers, Matins, Divine Liturgy.

08:00 Breakfast

09:00 Opening prayers: Finishing what work is necessary on the icon.

11:00 Lunch

11.30 Gallery discussion. Possible blessing of icons.

12.40 Departure

